



Protection Concept

World's Parkour Family Association

Goal

The aim is to enable training, workshops and other activities as well as the events (WPF Camp) of the association World's Parkour Family (hereinafter WPF) in compliance with the health and epidemiological requirements of the Federal Office of Public Health (BAG).

The present concept should form the basis for the WPF. The officially defined requirements are specified and formulated in clear regulations.

The responsibility for implementation lies in particular with the association, those responsible for training and events and the participating athletes themselves.

Principles

The general principles for preventing the spread of the coronavirus:

1. Compliance with the hygiene rules of the BAG.
2. Social distancing (1.5-2m minimum distance between all people; 10m² per person; no physical contact)
3. Maximum meeting size according to current official requirements.
4. Contact tracing and registration of participants to track possible infection chains.
5. Particularly vulnerable people and people with symptoms of illness must observe the specific requirements of the BAG.
6. Wear protective masks where required.

Organizational measures

The main responsibility for ensuring that all requirements are met and contact person:

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All WPF members in the trainer function and / or in the event organization have the responsibility for the correct communication.

Risk assessment and triage

Members of the risk groups

Until further notice, members of the risk groups are encouraged to stay away from the joint training sessions and events.

Disease symptoms

Athletes and trainers with symptoms of illness are not allowed to take part in training, workshops or events. You stay at home, or you go into isolation. You call the doctor and follow the instructions given. Disease symptoms are immediately communicated to WPF.



Infrastructure

Space conditions

Regardless of indoor and outdoor training, it must be ensured that the minimum space requirement per person can be met. Training locations that offer a lot of space should therefore be preferred. The accommodation at the event must also offer enough space for the participants so that minimum distances can be maintained.

Sanitary facilities

Changing rooms and showers in training facilities are to be used with special precautions. Thorough cleaning and sterilization of these facilities (shower and toilet) after each use is important and maintained. WPF informs and places the participants into responsibility for the clean and hygienic handling of the available sanitary facilities.

Training

Compliance with the principles

Parkour training can be carried out without physical contact. All forms of training and movement are carried out individually. Exercises that require support aids should be avoided.

Material

Material in halls and parks is thoroughly cleaned and disinfected after use, if this is possible due to the material composition. Otherwise, the participants are encouraged to clean themselves well after using materials and equipment.

Risk / accident behavior

In the event of an accident, the usual first aid principles apply, paying particular attention to your own safety and compliance with hygiene regulations.

Contact tracing

The registration for training, workshop and events is stored centrally. The traceability of all training participation must be guaranteed at all times in order to identify possible chains of infection. The participants are asked to take the registration seriously so that detailed information can be given in an emergency.

Responsibility for implementation

Participants take part in activities and events voluntarily and at their own risk. You have a large amount of personal responsibility and self interest to follow the instruction of the protection concept.

Persons who consciously disregard measures of the protection concept are temporarily excluded from all association activities.



Plausibility of the protection concept

The submission of the protection concept was submitted to the BAG / BASPO group on May 6, 2020 for plausibility check by the SPKA (Swiss Parkour Association). The plausibility check was carried out and the rough concept of the corona virus protection concept was made available to the parkour organizations (including the WPF) via various channels. Publication on the websites www.spka.ch and blog.spka.ch

The SPKA and the WPF reserve the right to formulate further recommendations and advice for the practical implementation and to adapt the protection concept accordingly. The WPF is available to its members for questions.